

**DR. DHAIMODKER-IMA-FIRST AID TRAINING ACADEMY  
INDIAN MEDICAL ASSOCIATION – PONDA BRANCH  
DR. VALLABH DHAIMODKER FOUNDATION**

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**BASIC FIRST AID AWARENESS PROGRAM**  
VENUE :- **AT IMA HOUSE, KURTARKAR COMMERCIAL ARCADE , PONDA**  
Date :- Saturday 1<sup>st</sup> October 2022 : Time 9.00 AM to 5.00 PM

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PROGRAM

TIME	TOPIC
9.00 AM	REGISTRATION
9.15 AM	Introduction To First Aid, Structure And Functions of Human Body.
9.45 AM	Wounds & Bleeding , Burns & scalds , First Aid Boxes .
10.15 AM	TEA
10.30 AM	Poisons, Snake – Dog- Insect bite, Diabetic Coma
11.00 AM	Injuries to Bones, Joints & Muscles
11.45 AM	Spinal Injuries
12.30 PM	Injuries to Ear, Nose, Throat, Eye Injuries & Foreign Bodies in eye, Heart Stroke
1.15 PM	LUNCH
2.00 PM	Cardiopulmonary Resuscitation – Demo Drowning and Chocking
3.00 PM	Dressings, Bandages & Slings – Demo
3.45 PM	TEA
4.00 PM	Transfer , Handling & Transportation- Mock drill
4.45 PM	Participants' Interaction and concluding remarks

- ❖ Participation subject to prior registration.
- ❖ Delegates will have to maintain time décor.
- ❖ Delegates interested in doing CPR practice on mannequin, practical on Dressing & Bandages and Transportation can do so even after the concluding session.